

Parent Coach Consultation Guide for Jumpstart

Unplowed**GROUND**
THERAPEUTIC PARENTING

Purpose of The Consultation Guide

As a Certified Unplowed Ground Parent Coach, we want to continue to provide you with resources and tools to help you succeed as you coach families in each Jumpstart round.

We created this Consultation Guide as another “tool” for your “tool belt” to be available to use if you choose. It is not mandatory or required.

The purpose is to help you with some talking points / questions for your weekly consultations with your families throughout each Jumpstart round. However, please feel free to add in your own questions and let the conversation flow naturally as you see fit, as each family you coach is different and has specific needs.

We appreciate you and all of the hard work you put in as a Parent Coach!

-The King's Ranch Team

Prep Week

Sample Questions:

- Tell me some background information about your family.
- Do you feel like you lean more toward being an Arnold or Grandma parent?
 - Remind the importance of balancing both structure and nurture.
- Discuss gathering all of the prep week materials.
- How is memorizing the Big 6 going?
- Have you started preparing your child's room?
- Discuss the importance of not dancing with WALTER.

Notes:

Module 1

Sample Questions:

- How is it going introducing your child to the Big 6?
 - Do you have the Big 6 posted in your home?
- How is your child doing with the 4 parts of respect?
- How are you doing passing the 5 Trust Tests?
 - Which tests does your child present you with most frequently?
 - Give some tips on how to pass these trust tests.

Notes:

Module 2

Sample Questions:

- Have you started implementing stations?
 - Remind the importance of no roaming and staying in the boundaries.
- Have you established a sitting spot for your child?
- Discuss what to do if a child refuses to do it mom and dad's way.
 - Discuss waiting out the child, and what that looks like.
 - If a child becomes violent to themselves or property explain what steps should be taken.

Notes:

Module 3

Sample Questions:

- How have you been doing with using brain-healing communication techniques?
 - Remind parents to utilize Cross-talk
- Discuss Giving Consequences with love
- Discuss Strategies to have children talk out their feelings
 - Color their heart
 - IFAB Sentences
 - NOTE: These resources are available on the Jumpstart portal for parents to download easily.

Notes:

Moving On

Sample Questions:

- Remind Parents that Moving On section is for people who have completed at least 6-24 months in the program.
- Discuss the Activity Box and how they can utilize that once they are in the Moving On Stage
- Discuss the Spectrum of Success and how that can apply to the family's specific situations.
- Discuss the VIP Community and how the parents can have continued access to the videos, exclusive content, consults, and more when they join!
- Commend the family for all of the work they have put into implementing the techniques over the 5 weeks!

Notes:
